

Resources for Life Losses

April 2013



Table of Contents:

<i>Topic</i>	<i>Pages</i>
❖ <i>Bereavement</i>	<i>2-6</i>
❖ <i>Burn Support</i>	<i>6</i>
❖ <i>Cancer Support</i>	<i>6</i>
❖ <i>Caregiver Support</i>	<i>7</i>
❖ <i>Children Experiencing Loss</i>	<i>7-8</i>
❖ <i>Counseling</i>	<i>8-15</i>
❖ <i>Divorce Support</i>	<i>15</i>
❖ <i>HIV/AIDS Support</i>	<i>16</i>
❖ <i>Mental Health</i>	<i>16</i>
❖ <i>Mind & Body</i>	<i>16-17</i>
❖ <i>Parent Support after the Death of a Child</i>	<i>17</i>
❖ <i>Post Abortion Support Services</i>	<i>17</i>
❖ <i>Resources (General Loss Information)</i>	<i>18</i>
❖ <i>Stephen Ministries</i>	<i>18-20</i>
❖ <i>Support for Families after a Suicide</i>	<i>20</i>
❖ <i>Web Based Resources</i>	<i>20-21</i>

Bereavement

Cameron Home Care and Hospice

416 E. Maumee Street

Angola, IN 46703

(260) 665-2141 ext. 2176

Email: cgreenamy@cameronmch.com

Website: www.cameronmch.com

Steuben County Grief and Support Group open to those who have experienced a loss through death.

Meets every Tuesday 4:30-6:00p.m. at Cameron Woods Senior Living Community in the private dining room (701 W. Harcourt Road, Angola, IN).

Cancer Services of Northeast Indiana

6316 Mutual Drive

Fort Wayne, IN 46825

(260) 484-9560

Toll Free: (866) 484-9560

www.cancer-services.org

Contact: Tina Roy, LSW, OSW-C troy@cancer-services.org

Adult Bereavement groups for grieving the death of a loved from any cause (need not be cancer-related).

Co-sponsored by Cancer Services of Northeast Indiana and Visiting Nurse. Every Monday, 7:00-8:30PM and 1st and 3rd Tuesdays each month, 2:00-3:30PM. Located in the Healing Arts Center at Cancer Services. Use 2nd entrance. Call for information.

Invisible Ink® Writing Through Your Grief- This 9-week course helps you safely express what is in your heart after the death of a cherished love one. Through your own words, the path to healing your grief unfolds. With every letter you write, the peace you seek comes a little closer and the pain of your loss is transformed. Offered periodically in a small group setting, at no charge. Call Tina Roy at 260-484-9560 for schedule.

The Chapel

2505 West Hamilton Road

Fort Wayne, IN 46814

(260) 625-6200

Contact: Deb Kreiger

Grief Share is a special weekly support group for people grieving the death of someone close. Please call for more information and meeting times.

DeMoney-Grimes Funeral Home

600 Countryside Drive

Columbia City, IN 46725

(260)244-5122

Alt. Phone: (800) 359-2883

Email: info@demoneygrimes.com

Contact: Sharon Brockhaus, Grief Facilitator-GSP Sharon@demoneygrimes.com

Tapestries: support group for all who have experienced grief through death, meets 2nd Tuesday (Feb-May and July-Oct.) from 6:30-8:00 p.m., in Community Room.

The Compassionate Friends: Grief support for parents who have lost children meets 1st Thursday of each month from 6:30-8:00 p.m. in the Community Room

Holiday Helps Workshop: Series of workshops focusing on coping skills needed for the difficult holiday season. Open to anyone who has experienced grief through death. Meet each Tuesday in November, 6:30-8:00p.m. in Community Room.

DeMoney-Grimes Funeral Home (continued)

Annual Holiday Memorial Service: A special memorial service for survivors who have experienced grief through death, held on the first Saturday in December. 1pm & 4pm service. Must call with loved ones name and to reserve at seat.

Kid's Grief Workshop: 5 workshops a year: Valentines, Easter, Summer, Halloween, and Christmas. Average ages are 2-12 but all children are welcome. Remember our loved ones through crafts, but also have a party depending on the holiday. Dates vary depending on the holiday but it is always on Saturday from 1pm-3pm. Call to have you name put on the mailing list for our next workshop.

Herbie and Heidi Hug Bear: Free to children of families we have served and includes a specially written, personalized story for children experiencing grief through death. The book includes a laminated, personalized, illustrated book and a huggable bear. The book and bear are available at nominal charge to all others.

One on One Support: Individual support is available to families, free of charge on an as-needed basis.

Dignity Memorial LIFT (Living Information for Today)

260-413-4756

Contact: Peggy Roth, Community Outreach Coordinator

A free social support program giving widowed individuals the opportunity to socialize with others who are adjusting to grief of a similar circumstance. Entertaining and educational, program activities, may include luncheons, guest speakers, day trips and more. Meets monthly with three convenient Fort Wayne locations to choose from. Sponsored by the Dignity Memorial network of funeral, cremation and cemetery service providers.

Elizabeth Ministry

(260)255-8461

Contact: Sheila Curd

Website: www.elizabethmin-fw.webs.com

Individual support through e-mail, letters, phone calls and personal visits available upon request.

The Compassionate Friends: Grief Support group who have lost a child. Meets the 1st Tuesday of each month @ the First Presbyterian church, 300 W. Wayne Street, Fort Wayne at 7-9 pm

First United Methodist Church

1203 E. 7th Street

Auburn, IN 46706

(260) 925-0885

Email: info@auburnfirstunited.com

Contact: Linda Schrimshaw

Groups run in the fall (October-December) of each year. Call for details.

Heartland Home Health Care & Hospice

1315 Directors Row, Suite 210

Fort Wayne, IN 46808

(260) 484-7622

Contact: Jessica Siegel, M.S.W.,-Bereavement Coordinator and Amy Stock, L.C.S.W, Director of Professional Services

Bereavement support opportunities are offered through educational and small group events, which focus on a variety of grief experiences related to death/loss. An annual Remembrance Service is held in the spring. A bereavement newsletter and grief resources are available. All bereavement support is open to the community and free of charge. Adult Bereavement Support Group open to anyone who has experienced the loss of a loved one from any cause.

Bereavement (continued)

Huntertown United Methodist Church

16021 Lima Road
Huntertown, IN 46748
(260) 637-3798

Call for information and meeting times.

Memorial Baptist Church

2900 N Anthony Blvd
Fort Wayne, IN 46805
(260) 483-3008

Myers Funeral Home

2901 Guilford Street
Huntington, IN 46750
(260) 356-2400

Contact: Doug Denney

Life Losses is for anyone who has lost a loved one. It meets right before Christmas. Call for more information.

Parkview Home Health and Hospice

1900 Carew Street, Suite 6
Fort Wayne, IN 46805
(260) 373-9800

Contact: Chaplain Karen Kosberg
Chris Brinneman, MSW, LCSW
Call for more information.

Pathway Community Church

11910 Shearwater Run
Fort Wayne, IN 46845
(260) 469-4444

Email: nward@pccfw.com

Contact: Natalie Ward

Grief Share is run periodically throughout the year. Call for information.

Grief mentors provide Christian caregiving to bereaved persons and those in need of Christian caregiving.

Smith & Sons Funeral Home

207 N. Main St.
Columbia City, IN 46725
Contact: Gene Smith (Smith & Sons)
(260)244-7601

Contact: Scott Wiley (Bowen Center)

800-342-5653 ext. 2951

Grief Assistance Program meets 1st Thursday in the months of April, July, October and December at 7pm in Smith & Sons Coach Room. Group session facilitated by a professional licensed counselor from The Bowen Center.

Bereavement (continued)

Southern Care Hospice

4666 West Jefferson, Suite 170

Fort Wayne, IN 46804

(260)432-6075

Contact: Renae Luffman

Adult Bereavement Support Group meets 1st Wednesday of each month at First Presbyterian Church Room 304, 300 W Wayne St, Fort Wayne at 11am.

St. Joseph United Methodist Church

6004 Reed Road

Fort Wayne, IN 46835

(260) 485-9681

Email: office@stjoemin.com

Call for more information.

St. Peter's Lutheran Church

7710 E. State Blvd.

Fort Wayne, IN 46815

(260) 749-5811

Contact: Jan Hieber (260) 493-8714

Grief support ministry for those who have experienced the loss of a parent, spouse or child. This year long program provides simple contact via cards, phone calls and books.

St. Vincent Catholic Church

8669 Auburn Rd

Fort Wayne, IN 46825

(260)489-6741

Contact: Therese Yankowiack

Adult Bereavement Support Group, please call for current group dates and times

Visiting Nurse

5910 Homestead Road

Fort Wayne, IN 46814

(260) 435-3222

Website: www.vnfw.org

Contact: Bonnie Davis, MSW email: bonniedavis@vnfw.org

Lili Carroll, MS email: lilicarroll@vnfw.org

Non-profit, locally based agency provides bereavement support for patient families for 13 months or more, after the death of a loved one. Visiting Nurse hosts free bereavement educational programs, including retreats, for the general public (call for schedule), and provides bereavement support groups in conjunction with Cancer Services (call for schedule). Bereavement support available in Spanish. Professionals are available to speak to organizations and groups about hospice as well as grief and loss.

Grieving Gracefully, for women who have lost a spouse or significant other. Meetings are 1st and 3rd Wednesdays from 2-3:30p and 1st and 3rd Thursdays from 7-8:30p of each month at Visiting Nurse and facilitated by Joan McMillan.

Adult Bereavement Support Group, co-sponsored by Visiting Nurse and Cancer Services of Northeast Indiana; facilitated by Dar Richardson, meets Mondays from 7-8:30p.m. Also 1st and 3rd Tuesday of each month from 2-3:30p.m. at Cancer Services.

Visiting Nurse (continued)

Latino Bereavement Support Group-weekly grief and loss support group in Spanish in collaboration with the Center for Nonviolence, every Thursday morning from 10 to 11:30a.m., at 235 West Creighton, Fort Wayne, IN 46807. Contact Lili Carroll at 260-435-3222 for more information.

Burn Support Group

St. Joseph Hospital

700 Broadway
Fort Wayne, IN 46802
(260) 425-3574

For people who have been burned and their families and friends. Meets monthly, usually last Thursday of each month. Please call for more information.

Cancer Support

Cancer Services of Northeast Indiana

6316 Mutual Drive
Fort Wayne, IN 46825
(260) 484-9560
Toll Free: (866) 484-9560
Fax: (260) 484-9572
www.cancer-services.org

Local non-profit organization providing for the day-to-day needs of people with cancer and their families. Professional advocates provide emotional support, and information and referral. Other services include: medical equipment and supplies, wig salon, financial assistance, transportation programs, support groups, educational programs, exercise and massage. Most groups meet at Cancer Services' offices; however, others are held throughout the community. See website for current list of both cancer-specific and general cancer support groups. Cancer Services is open Mondays 9am-7pm and Tuesday-Friday 9am-5pm.

American Cancer Society

111 E. Ludwig Road
Fort Wayne, IN 46825
(260) 471-3911
(800) ACS-2345 or **(800) 227-2345**
Website: www.cancer.org

Information available to cancer patients, caregivers, survivors or anyone seeking information. Free resources include: Road to Recovery; Look Good Feel Better; Reach for Recovery; Man to Man; Cancer Survivors Network; youth camp and college scholarships.

Lutheran Cancer Resource Center

Lutheran Hospital
7910 W. Jefferson Blvd., Suite 109
Fort Wayne, IN 46804
(260) 435-7959

Support groups and individual consultations with oncology nurses. No fees for service. Individual Support nurses are available Monday-Friday from 9am – 4pm.

Caregiver Support

Men As Caregivers

Crescent Avenue United Methodist Church
1232 Crescent Avenue
Fort Wayne, IN 46805
(260) 424-4509

A support group for men who are providing care to a loved one for any health issue. A collaboration of Crescent Avenue UMC and Cancer Services of Northeast Indiana. For more information, contact Cancer Services at 260-484-9560 or 866-484-9560

Steuben County Caregiver Support Group

Cameron Hospital
416 Maumee Street
Angola, IN 46703
(260) 665-2141 ext. 2176
Alt. Phone: (800) 942-9583 ext. 2176
Email: info@cameronmch.com
www.cameronmch.com

This group meets the third Tuesday of each month from 2-3:00 p.m. at the Carnegie Public Library of Steuben County (322 S. Wayne St. Angola, IN). The facilitators are trained Cameron Home Care and Hospice volunteers.

VA Caregiver Support

2121 Lake Ave.
Fort Wayne, IN 46805
(260) 426-5431 Ext: 71444
Contact: Kathleen Hagerman, L.C.S.W., Caregiver Support Coordinator
(260) 4601444
Dan Bishton, L.C.S.W.
(260)4265431 ext. 71608
Call for more information.

Children Experiencing Loss

Erin's House for Grieving Children, Inc.

6718 E. State Blvd (temporary location until new facility is built)
Fort Wayne, IN 46815
(260) 423-2466

Contact: Cindy Maldonado-Schaefer, Director of Operations
Email: cindy@erinshouse.org

Peer support groups for children, teens, and young adults ages 3 to 17 who are grieving the death of a loved one. Parents are invited to join a group of their own. Groups meet twice a month on location at program site. Support groups for individuals ages 18-30 take place on a campus of a local university. Bereavement groups for those grieving the death of a loved one meet 6:30-8:15 p.m. Please call for specific days and additional information.

Children Experiencing Loss (continued)

Rainbows for All Children, Inc.

1360 Hamilton Parkway

Itasca, IL 60143-1144

(800) 266-3206

Alt. Phone: (847) 952-1770

Email: info@rainbows.org

www.rainbows.org

Rainbows is an international not-for-profit organization established in 1983 that assists children and their families who are grieving a death, divorce or other life altering crisis. Rainbows offers training and curricula to establish peer support groups in schools, faith communities, hospitals, and social services agencies at no cost to participates or their families. The support groups provide grieving children with an opportunity to deal with and resolve their feelings in an accepting environment.

Most Precious Blood Catholic School

1529 Barthold St.

Fort Wayne, IN 46808

(260) 424-4832

Counseling

A Healing House

2016 California Avenue

Fort Wayne, IN 46805

(260) 422-1218

Contact: Bill Minnick, MA, LMHC, CADAC II

Email: bill1218@frontier.com

A not-for-profit organization specializing in helping people take whatever actions they need to improve their life and health to achieve physical, emotional, and spiritual wellness.

Ann Flaningam, MS, LMFT, LMHC, LSW

122 Lamar, Suite 108

Bluffton, IN 46714

(260) 827-0200

Individual and family counseling; grief and loss and bereavement counseling for children, adolescents, and adults.

Grief Support Group meets 1st & 3rd Thursday of each month at 10am to 11:30am. Please call before attending. Call for more information.

Black and Associates Counseling Services

6353 Constitution Drive

Fort Wayne, IN 46804

(260) 426-5778

Contact: Anna Black, Cheryl Bennett, Shelly Edwards, Peggy Jones and Debra Polley

Counseling and psychotherapy for a variety of issues, including grief and loss. Serve children, adolescents, and adults of all ages in individual, couple, play therapy, and family therapy. Most insurance accepted except Medicare and Medicaid.

Counseling(continued)

Blackhawk Ministries

7400 E. State Blvd.
Fort Wayne, IN 46815
(260) 493-7400
Contact: Audrey Hindle

Bowen Center

2100 Goshen Road
Fort Wayne, IN 46808
(260) 471-3500 or (800) 342-5653
Contact: William Stephan, BS-Director
Counseling for individuals and groups, marriage, family, alcohol, and drug treatment, EAP's, depression, anxiety, inpatient psychiatric and psychological testing and evaluation. Offices also in Columbia City, Huntington, Plymouth, Wabash, Warsaw, Albion, and Syracuse.

Cathy Miller, MS, LLC.

2330 Beacon Street, Suite 105
Fort Wayne, IN 46805
(260) 482-6472
Contact: Cathy Miller, MS, NCC, LMHC
Grief and loss issues, play therapy with children, marriage and family issues including divorce and blended families. Therapy for sexual and domestic abuses, sexual orientation issues, ADHD, depression, and stress reduction.

Choice Makers Counseling Service

10305 Dawson's Creek Blvd., Suite C
Fort Wayne, IN 46825
(260) 485-0568
Contact: Diana Miller-Pierce, LCSW
Individual, group, and family counseling with specialties in grief counseling, cancer patients, addictions, adult survivors of childhood abuse, and issues of retirement and aging. Child/adolescent therapy and grief work and play therapy.

Christian Counseling Centers of Indiana

Auburn Christian Counseling Center
207 N. Jackson Street
Auburn, IN 46706
(260) 927-8614 or (260) 413-5120
Contact: Dan Boen, Ph.D., HSPP
Email: dr.boen@hushmail.com
Individual, marriage, and family counseling.

Christian Counseling Centers of Indiana

Avalon Christian Counseling Center
1213 St. Mary's Avenue
Fort Wayne, IN 46808
(260) 402-5853 or (260) 456-8517
Contact: Dianne Stitzer, MS, LMFT
Email: drstitzer@hushmail.com

Works with women, children, adolescents, and families, and has special expertise and training in hyperactivity/attention deficit disorder, learning disabilities, and crisis management.

Counseling (continued)

Connections Counseling & Life Services

615 West Foster Parkway

Fort Wayne, IN 46807

(260) 744-3767

Contact: Trish Fox, LMHC, NCC

Janet Naish, LCSW

Individual and family counseling covering: grief & loss, divorce and blended families, domestic abuses (including rape and sexual trauma), depression and anxiety, healthy relationship and family/couple conflict and mediation.

Consulting & Counseling Associates

4214 Hobson Court

Fort Wayne, IN. 46815

(260) 486-5251

www.ccagroup.org

Email: cca@ccagroup.org

Contact:

Tamarin Anglin, LCSW, ACSW

Kendra O'Connor, MSW, LCSW, LCAC

Jennifer Dailey, LCSW, ACSW

Beth Castel, MS, LMFT, LCAC

Jeanne Harber-Porter, MS, LCSW, ACSW

Terry L. Anderson, MA,MSW, DMin, LCSW

Jean Oser, MS, LMFT, LCSW

Mary Reiter, MS, HSPP

Family, marital, children, adolescent, individual, and group counseling. Mind and body therapy services offered. Counseling for eating disorders and addictions.

Cross Connections Counseling

3705 S. Anthony Blvd.

Fort Wayne, IN 46806

(260) 744-3228 ext. 327

Contact: Susan Reusser, LCSW

We offer Christ-centered professional counseling through pastor referral.

Dar Richardson

3821 W. County Line Road S.

Fort Wayne, IN 46814

(260) 625-6749

Grief and loss counselor and educator. Private practice and support group facilitator.

Faith Counseling Connection

5613 CR 29

Auburn, IN 46706

(260) 925-0798

Contact: Shirley Souder, LMFT, LCSW

Christian counseling. Individual and family therapy. Ages 10 and older.

Counseling (continued)

Family Care Center

7407 Turkey Run
Fort Wayne, IN 46815
(260) 493-0055

A non-profit psychological services agency offering counseling from a Christian perspective. Specialty areas include abused/or abuser, ADHD/ADD, alcohol and drug addictions, anger management, anxiety, brain injury, children/adolescents, co-dependency, depression, disease/HIV/AIDS/HIV, divorce recovery, eating disorders, grief counseling, marriage counseling, men's issues, parenting, personality disorders, pastors/professionals' counseling, pre-marital counseling, pornography addictions, psychotic disorders, sexual disorders, spiritual disorders/ issues, women's issues, meditation, developmental disabilities, psychological assessments.

Family Counseling Center, LLC

117 W. 9th Street
Auburn, IN 46706
(260) 925-2017

Contact:

Judith Williams, Psy.D., HSPP Director
Dionne Couchman, MS, LCAC, LMFTA

Fort Wayne Women's Bureau

2417 Fairfield Avenue
Fort Wayne, IN 46807
(260) 424-7977 Counseling
Alt. Phone: (260) 426-7273 Rape Crisis Hotline
Specializing in rape and domestic violence counseling.

Gerard & Coslow Associates

4656 W. Jefferson Blvd., Suite 285
Fort Wayne, IN 46804
(260) 422-9372
Contact:
Wayne M. Gerard, DCSW, LCSW
C. Richard Coslow, ACSW, LCSW
Jeanette Boerger, CADAC IV
Andrew Liechty, MSW, LSW, (260) 579-8271
Deb Roesner, LCSW
Salee Reese, ACSW, LCSW, LMFT
Tim Theye, LCSW, LCAC

Providing counseling services to children and adults for grief and loss issues in all areas of life. ADD/ADHD testing, eating disorders, depression, anxiety, gender and sexuality issues, geriatric, behavioral, marital, and family issues, sexual abuse, and addictions of all types

Counseling (continued)

Harvest Counseling Group

4216 Flagstaff Cove
Fort Wayne, IN 46815-4417

(260) 485-HELP (4357)

Website: www.harvestcounselinggroup.com

Contact: Derek L. Paris, Psy D
Todd D. Yoder, MS, LMFT
Heidi M. Easterly, MS, LMFT, CCDVC
Angela Rodgers, M Ed., LMHC

John Swinehart, LMFT
Deborah G. Steinman, LMHC
Timothy J. Cureton, LMHC
Kathy J. Gallup, LMHC

Specializing in: depression, pre-marriage/marriage/re-marriage counseling, eating disorders, addictive behavior, neuropsychological testing, psychological testing, attachment disorder; grief and loss, ADD/ADHD, sexual abuse, parenting skills, custody evaluations, post-traumatic stress, gender identity, geriatric issues, behavior problems. We accept all ages over 3 years.

Headwaters Counseling

2712 S. Calhoun Street
Fort Wayne, IN 46807

(260) 744-4326

Contact: Stephen Jarrell, Exec. Director
Laura Vojtush, Intake Coordinator
Connie Carman, Associate Director

Individual, couple, family, and group counseling. Mental health counseling, adjustment counseling, grief and loss, alcohol and drug abuse, sexual/physical abuse, marital counseling, parent/child issues, play therapy, and EAP programs.

Hobson Psychiatric Services

2021 Hobson Road
Fort Wayne, IN 46805

(260) 483-3287

Contact: Dr. Patel
Grief and loss counseling.

Hope Alive

1747 N. Wells Street
Fort Wayne, IN 46808

(260) 420-6100

Email: hopealiveinc@choiceonemail.com

Contact: Betty Kahlenbeck, Director

Family, children, and marriage counseling. Support groups dealing with addictions, bi-polar disorder, self-esteem, depression, and co-dependent relationships, stress, and Christian support for loss through death. Bible study and Christ-based 12-step support group. Counseling for individuals who want to work through issues such as low self-esteem, childhood trauma, grief, eating disorders, and depression.

Counseling for men and women experiencing painful stress, anxiety, or panic attacks to empower and assist with coping in positive manner. Call for information and registration.

Counseling (continued)

Jeanne K. Raines, MS, LMHC, LCC

Magical Arts, Ltd.

(260) 341-9192

Practicing in Churubusco and Fort Wayne

Counseling services welcoming individuals, couples, families, and adolescent or adult survivors of trauma or wounding. Working in areas of trauma, grief, relationship, spirituality, mind/body; EMDR available.

Phone for more information.

Mary Locke, PhD

7337 W. Jefferson Blvd., Suite 175

Fort Wayne, IN 46804

(260) 436-7131

Individual, family, child, teen, and marriage counseling. Please call for more information.

Michelle R. Miller, PhD, HSPP

Life Transitions Counseling Center

4630 W. Jefferson Blvd., #11

Fort Wayne, IN 46804

(260) 434-1606

www.lifetransitions counselingcenter.net

Specializing in grief therapy for individuals and children. Also specializing in counseling for individuals diagnosed with cancer.

Pancner Psychiatric Associates, P.C.

2805 Fairfield Avenue

Fort Wayne, IN 46807

(260) 456-4880

Park Center, Inc.

909 E. State Blvd.

Fort Wayne, IN 46805

(260) 481-2700

Fax: (260) 481-2717

www.parkcenter.org

Providing a full continuum of mental health services for all ages. Sliding fee scale available based on household income.

Parkview Behavioral Health Services

1720 Beacon Street

Fort Wayne, IN 46805

(260) 373-7500

Contact: Inpatient Services

Dr. Patrick Connolly, PhD.

109 E. William Street

Kendallville, IN 46755

(260)347-5725

Email: drPConnolly@gmail.com

Family and Marriage counseling.

Counseling (continued)

Psychological Service Associates

3421 E. State Blvd.

Fort Wayne, IN 46805

(260) 482-8427

Contact: Jere W. Leib, PhD, Susan Dwyer, PhD, Rodney E. Timbrook, PhD, Nancy Gerow, LMFT

Renew Counseling Center

1400 W. Washington Ctr. Rd.

Fort Wayne, IN 46825

(260) 490-8585

Email: nancywilliams@firstassemblyfw.org

Located in First Assembly of God Christian Center. ACHOR-Valley of Hope: Adult Bereavement Support Group meets each Wednesday from 7-8:30 pm.

St. Joseph Behavioral Health Services

800 Broadway, Suite 111

Fort Wayne, IN 46802

(260) 425-3606 or (800) 694-9034

24/7 free assessments available. Mental health and substance abuse services for adults. Inpatient, partial hospitalization, and intensive outpatient services available.

Summit Counseling

6201 Constitution Hill Dr.

Fort Wayne, IN 46806

(260)443-5743

Email: info@summit-counseling.org

Loss and Life transition counseling for people of all ages. Both male and female therapists available. Providers for most insurances.

The Center for Nonviolence

235 W. Creighton Avenue

Fort Wayne, IN 46807

(260) 456-4112

Groups for those who desire to change their violent behavior and groups for those who have experienced the violence of others. All programs and services are available in English and Spanish. Parenting groups and groups for children (ages 7-18). A place where previously ignored voices are respected and heard. Sliding fee scale.

Therese C. Mihlbauer, PhD, Inc.

4656 W. Jefferson Blvd., Suite 200

Fort Wayne, IN 46804

(260) 969-0915

Contact: Therese C. Mihlbauer, Ph.D.

Lori Horstmyer-Grubb, LMHC

Michele Jones, MS, LMHC

Individual, family and couples counseling serving ages birth through adulthood.

Counseling (continued)

Thomas Doust, ACSW, LCSW

3154 Mallard Cove Lane

Fort Wayne, IN 46804

(260) 432-2489

Professional counseling services specializing in grief and loss.

Victor Rebman, PhD

Paper Mill Office #63

1910 St. Joe Center Road

Fort Wayne, IN 46825

(260) 471-9902

Specializing in the treatment of depression, anxiety, and relationship building. Counseling services for grief and loss provided.

Virginia Nixon, LCSW

Brooklyn Medical Associates

Lutheran Medical Group

3534 Brooklyn Avenue

Fort Wayne, IN 46809

(260) 478-5232

Counseling on death and dying, serious illness and grief. Individual and relationship services, depression, anxiety, trauma, recovery, and other life adjustments.

Wabash Friends Counseling Center

3563 South State Road 13

Wabash, IN 46992

(260) 563-8453

Alt. Phone: (877) 350-1658

Contact: Scott Makin, Director

Email: scott@wabashfriends.org

www.wabashfriendscounseling.com

Offers individual counseling, grief and loss support groups, as well as *Divorce Care* and other groups.

Divorce Support

Divorce Care

College Park United Brethren Church

1945 College Avenue

Huntington, IN 46750

(260) 358-7042

Contact: Janet Clark

2-13 week series per year to help people stabilize from the effects of separation or divorce. **DIVORCECARE 4 KIDS:** 2-13 week series per year to help children ages 5-12 stabilize from their parents' separation or divorce.

HIV/AIDS Support

AIDS Task Force, Inc.

525 Oxford Street
Fort Wayne, IN 46806
(260) 744-1144
Fax: (260) 745-0978

Website: www.aidsfortwayne.org

Contact: Kris Wise, Director of Client Services

AIDS task force provides client services for persons infected and affected by HIV/AIDS. HIV/AIDS educational programs are provided in 11 northeastern Indiana counties. PWA-Persons with HIV/AIDS group meets Monday nights at 5:30p.m., located at 415 East Wayne St., Fort Wayne, IN 46802. Call for more information.

Mental Health Support

NAMI Fort Wayne- National Alliance on Mental Illness

PO Box 6143
Fort Wayne, IN 46896-0143
(260) 447-8990
Email: namifortwayne@gmail.com
web: www.nami.org

Support groups for families and friends of persons with serious mental illness and support groups for persons living with serious mental illness. Education workshops for families, consumers, and professionals. Meetings held every Tuesday 7-9 p.m., The Carriage House 3327 Lake Avenue, Fort Wayne, IN 46805.

Mind and Body

Five Elements Wellness

Decatur Business Mall
840 S. 11th ST.
Decatur, IN 46773
(260) 517-9123
(419) 263-3601

lorriew24@hotmail.com

<http://fiveelements.vpweb.com/>

Contact: Lorrie Watkins AA, APP: Polarity therapy (gentle, energy-balancing sessions/self-help exercise/dietary guidance). Services in office or will travel to homes, nursing facilities, etc.

Healing Arts Associates

3622 New Vision Drive
Fort Wayne, IN 46845
(260) 490-1180
Fax: (260) 490-0262

info@healingartsassociates.org

Contact: Dr. Rebecca Minser

Tina M. Zion

Acupuncture, medical intuition, hypnosis, individual and couple counseling.

Mind and Body(continued)

Mind Body Connection

3290 Mallard Cove Lane

Fort Wayne, IN 46804

(260) 459-2305

Contact: Laurie Rainey Schmidt-Counseling; Shamanic healing-a spiritual method for addressing illness and low energy.

Mona Beesley-Healing touch (energy balancing) and Body Talk; infrared therapy available

Trinda Wagner-Oncology massage and massage therapy with energy work

John Porter- Acupuncture

Parent Support after the Death of a Child

The Compassionate Friends/ Fort Wayne, IN Chapter

Contact: Keith & Michelle Amstutz ~ Chapter Leaders

(260) 627-3451 Call for more information

Email: michelleaa@frontier.com

National Office, Toll Free: (877) 969-0010 National Website: www.compassionatefriends.org

A self-help organization that is open to all bereaved families that have experienced the death of a child, sibling, or grandchild from any cause, at any age, from pre-birth to adulthood. The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child and to provide information to help others be supportive. We offer a bi-monthly newsletter and have a Lending Library with grief related material available to the public. Bi-monthly newsletters are also available. In July there is a Balloon Release / Picnic and in December a Candle Light Service. Monthly meetings on 1st Tuesday of each month, 7:30pm - 9:30pm with the exception of July & December. Held at First Presbyterian Church in Room 303, 300 W. Wayne Street, Fort Wayne, IN 46802, Corner of W. Wayne & Webster Streets. Parking off of Berry Street.

Parkview Women's Health Center

11123 Plaza Dr, Suite 200 (Entrance 1)

Fort Wayne, IN 46845

(260) 672-6500

When a Baby Dies: Dealing With Perinatal Loss Support Group open to any pregnancy loss meets 2nd & 4th Thursday of each month from 7-8:30 pm. Call for more information.

Post Abortion Support Services

A Hope Center, Pregnancy and Relationship Resources

4705 Illinois Road, Suite 115

Fort Wayne, IN 46804

(260) 969-6633

Email: elisadavis@ahcfriends.org

Contact: Elisa Davis

Website: www.ahopecenter.com

Resources ~ General Loss Information

Mildred M. McComb Library

DO McComb & Sons, Arrangement Center

1140 Lake Avenue

Fort Wayne, IN 46805

(260) 426-9494

Extensive collection of grief and loss materials for all ages. Hours are Monday-Friday, 9:00 am-5:00p.m. Evenings and weekends by appointment.

United Way of Allen County 2-1-1

334 E. Berry Street

Fort Wayne, IN 46802

2-1-1

<http://www.referweb.net/uwac/>

United Way of Allen County 2-1-1 is a comprehensive information and referral service linking people in need with appropriate social service agencies. Referrals are provided by telephone. United Way of Allen County 2-1-1 is the regional 2-1-1 Call Center for northeastern Indiana. Services are available to callers from: Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wabash, Wells, and Whitley counties. Free, 24 hour information and referral assistance.

Stephen Ministries

Aldersgate United Methodist Church

2417 Getz Road

Fort Wayne, IN 46804

(260) 432-1524

Email: aldersgate_office@yahoo.com

Contact: Karen Bandelier or Linda Davis

Bethlehem Lutheran Church

3705 S. Anthony Blvd.

Fort Wayne, IN 46806

(260) 744-3228 ext. 300

Contact: Sharon Dietrich (260)432-8843

Concordia Evangelical Lutheran Church

4245 Lake Avenue

Fort Wayne, IN 46815

(260) 422-2429

Email: kpape@concordiachurch.org

Contact: Director of Care Ministry

Covenant United Methodist Church

10001 Coldwater Road

Fort Wayne, IN 46825

(260) 489-1888

Email: pastor@covenantumc.net

Contact: Jan Funk

Stephen Ministries (continued)

Emmanuel Lutheran Church

917 W. Jefferson
Fort Wayne, IN 46802
(260) 423-1369
Contact: Lana Hille

Epiphany Lutheran Church

6606 Maplecrest Road
Fort Wayne, IN 46835
(260) 485-5122
Fax: (260) 485-5122
Contact: Pastor Richard Hartman
Email: pastor@epiphanyfw.com

First Wayne Street United Methodist Church

300 E. Wayne Street
Fort Wayne, IN 46802
(260) 422-4681
Fax: (260) 424-2146
Email: firstwaynestreet@FWSUMC.org
Contact: Don Warner

Holy Cross Lutheran Church

3425 Crescent Avenue
Fort Wayne, IN 46805
(260) 483-3173
Contact: Pastor Mark Neubacher

Resurrection Lutheran Church

14318 Lima Road
Fort Wayne, IN 46818
(260) 637-5900
Contact: Barb Limbach

Saint John's Evangelical Lutheran Church

729 W. Washington Blvd.
Fort Wayne, IN 46802
(260) 426-5751
Contact: Tony Shelton

St. John's Lutheran Church

7914 W. Cook Road
Fort Wayne, IN 46818
(260) 489-5031
Email: office@stjohnslaketownship.org
Contact: Pastor Ralph Easterhaus

Stephen Ministries (continued)

Saint Michael Lutheran Church

2131 Getz Road
Fort Wayne, IN 46804
(260) 432-2033
Contact: Debbie Gotsch (260) 471-2260

Trinity English Lutheran Church

405 W. Wayne Street
Fort Wayne, IN 46802
(260) 426-3424
www.trinityenglish.org
Email: trinity@trinityenglish.org
Contact: Pastor Kathleen Haller
Pastor Daniel Fugate

Waynedale United Methodist Church

2501 Church Street
Fort Wayne, IN 46809
(260) 747-7424
www.waynedaleumc.com
Contact: Pastor Mike Harris

Support for Families after a Suicide

We the Living

Plymouth Congregational Church
501 W. Berry Street
Fort Wayne, IN 46802
Contact:
Jennifer (260) 387-6934 jenfer86@gmail.com
Laurie bunkie26@gmail.com
www.wethelivingfw.org

Immediate Help: 1-800-273-8255

Support for family and friends of people who have died by suicide. Phone help is available anytime for emotional support. Group meeting 2nd Wednesday of each month at 7:00 p.m.

Web Based Resources

Willowgreen® Inspirations

“Willowgreen is a multifaceted provider of information, inspiration and support for life transition and aging, loss and grief, illness and caregiving, hope and spirituality, and healing presence. Its books, tapes, CDs, DVDs, notecards, and photography blend the modern with the age-old, the practical with the poetic. Willowgreen is the creation of James E. Miller.”

Willowgreen’s 1-minute inspirations: Short, one minute videos that will inspire you and touch your heart and soul. A new video debuts each Wednesday morning.

www.willowgreen.com

Web Based Resources(continued)

Invisible Ink®

The Workshop: *Invisible Ink®: Writing Through Your Grief*

This 9-week online course helps you safely express what is in your heart after the death of a cherished love one. As you pour your heart out on paper, the pain of your loss is transformed. Combining insights about creativity and grief, audio-based guided meditations to help quiet your mind, and a specific topic each week to write to your loved one about, this workshop gives you a roadmap for putting words to-and thereby, healing- the pain of the loss you have suffered. [Total cost is \$25]

Information about how to access The Workshop may be found at Kathy Curtis's website:

www.kathycurtisink.com

The Workshop: *Invisible Ink®: Writing Through Your Grief* is also available periodically at Cancer Services of Northeast Indiana at no charge. Contact Gail Hamm at (260) 484-9560 for more information.

Resources for Life Losses

is provided by Cancer Services of Northeast Indiana. Please email any additions or corrections regarding this list, to:

ghamm@cancer-services.org or call Gail at (260) 484-9560.

About Cancer Services of Northeast Indiana

Cancer Services' mission is to enhance the quality of life of those affected by cancer by providing meaningful resources, information and compassionate assistance. Last year, more than 2,500 local people with cancer and their families received emotional support and practical resources for their cancer journey. Cancer Services of Northeast Indiana helps people who live in Allen, Adams, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash, Wells, and Whitley counties.

For more information, visit: www.cancer-services.org

6316 Mutual Drive

Fort Wayne, Indiana 46825

260-484-9560 or toll free 866-484-9560

